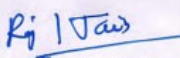


Name of University	University of Rajasthan, Jaipur
Name of Faculty	Science
Name of Discipline	Psychology
Type of Discipline	Major
List of Programme, where offered as Minor Discipline	-
Offered to Non-Collegiate Students	Yes

**SEMESTER-WISE PAPER TITLES WITH DETAILS
FOUR-YEAR UNDERGRADUATE PROGRAMME**

UG0802/UG0803 B.Sc. Psychology								
#	NHEQF	Semester	Type	Title	Credits			
					L	T	P	Total
1	5	I	MJR	UG0802/UG0803 - PSY-51T-101 -Introduction to Psychology	4	0	0	4
2	5	I	MJR	UG0802/UG0803 - PSY-51P-102 - Psychology Lab-I	0	0	2	2
3	5	II	MJR	UG0802/UG0803 - PSY-52T-103 - Basic Cognitive Processes	4	0	0	4
4	5	II	MJR	UG0802/UG0803 - PSY-52P-104 - Psychology Lab-II	0	0	2	2
5	6	III	MJR	UG0802/UG0803 - PSY-63T-201 - Social Psychology	4	0	0	4
6	6	III	MJR	UG0802/UG0803 - PSY-63P-202 - Psychology Lab-III	0	0	2	2
7	6	IV	MJR	UG0802/UG0803 - PSY-64T-203 - Abnormal Psychology	4	0	0	4
8	6	IV	MJR	UG0802/UG0803 - PSY-64P-204 - Psychology Lab-IV	0	0	2	2
9	7	V	MJR	UG0802/UG0803 - PSY-75T-301 - Positive Psychology	4	0	0	4
10	7	V	MJR	UG0802/UG0803 - PSY-75P-302 - Psychology Lab-V	0	0	2	2
11	7	VI	MJR	UG0802/UG0803 - PSY-76T-303 - Counselling Psychology	4	0	0	4
12	7	VI	MJR	UG0802/UG0803 - PSY-76P-304 - Psychology Lab-VI	0	0	2	2
13	8	VII	MJR	UG0802/UG0803 - PSY-87T-401 - Psychological Testing	4	0	0	4
14	8	VII	MJR	UG0802/UG0803 - PSY-87P-402 - Psychology Lab-VII	0	0	2	2
15	8	VIII	MJR	UG0802/UG0803 - PSY-88T-403 - Statistics in Psychology	4	0	0	4
16	8	VIII	MJR	UG0802/UG0803 - PSY-88P-404 - Psychology Lab-VIII	0	0	2	2

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Examination Scheme

- 1 credit = 25 marks for examination/evaluation
- For Regular Students there will be Continuous assessment, in which sessional work and the terminal examination will contribute to the final grade. Each course in Semester Grade Point Average (SGPA) has two components- Continuous Assessment (20% weightage) and (End of Semester examination) EoSE (80% weightage).
- For Regular Students, 75% Attendance is mandatory for appearing in the EoSE.
- To appear in the EoSE examination of a course/subject a regular student must appear in the mid-semester examination and obtain at least a C grade in the course/subject.
- Credit points in a Course/Subject will be assigned only if, the regular student obtains at least a C grade in the CA and EoSE examination of a Course/Subject.
- In the case of Non-Collegiate Students there will be no Continuous Assessment and credit points in a course/subject will be assigned only if, the non-collegiate student obtains at least a C grade in the EoSE examination of a Course/Subject.

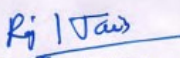
Examination Scheme for Continuous Assessment (CA)

S. No.	Category	Weightage	Theory	Practical
		Total	20	10
1	Mid-term Exam	50%	10	5
2	Assignment	25%	5	2.5
3	Attendance <i>Regular Class</i>	25%	5	2.5
		= 75%	2	1
		75-80%	3	1.5
		80-85%	4	2
		> 85%	5	2.5

Note:

1. Continuous assessment will be the sole responsibility of the teacher concerned.

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2. For continuous assessment no remuneration will be paid for paper setting, Evaluation, Invigilation, etc.
3. For continuous assessment Paper setting and Evaluation responsibility will be of teacher concern.
4. For continuous assessment no Answer sheets/question papers etc. will be provided by the University.
5. Colleges are advised to keep records of continuous assessment, attendance, etc.

Examination Scheme for EoSE-

- CA – Continuous Assessment
EoSE – End of Semester Examination

Regular Students –

Type of Examination	Course Code and Nomenclature	Duration of Examination		Maximum Marks		Minimum Marks	
		Theory	UG0802/UG0803 B.Sc. Psychology	CA	1 Hrs	CA	20 Marks
EoSE	3 Hrs			EoSE	80 Marks	EoSE	32 Marks

The question paper will consist of **two** parts **A & B**.

PART-A: 20 Marks

Part A will be compulsory having 10 very short answer-type questions (with a limit of 20 words) of two marks each.

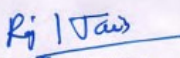
PART-B: 60 Marks

Part B of the question paper shall be divided into four units comprising question numbers 2-5. There will be one question from each unit with internal choice. Each question will carry 15 marks.

Type of Examination	Course Code and Nomenclature	Duration of Examination		Maximum Marks		Minimum Marks	
		Practical	UG0802/UG0803 B.Sc. Psychology	CA	1 Hrs	CA	10 Marks
EoSE	4 Hrs			EoSE	40 Marks	EoSE	16 Marks

The Practical Examination will consist of conduction of one practical, writing of the report and viva-voce. Students have to submit the Practical record for evaluation.

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Non-Collegiate Students-

Type	Course Code and Nomenclature	Duration of Examination	Maximum Marks (EoSE)	Minimum Marks (EoSE)
Theory	UG0802/UG0803 B.Sc. Psychology	3 Hrs	100 Marks	40 Marks

The question paper will consist of **two** parts **A & B**.

PART-A: 20 Marks

Part A will be compulsory having 10 very short answer-type questions (with a limit of 20 words) of two marks each.

PART-B: 80 Marks

Part B of the question paper shall be divided into four units comprising question numbers 2-5. There will be one question from each unit with internal choice. Each question will carry 20 marks.

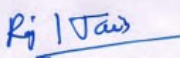
Type of Examination	Course Code and Nomenclature	Duration of Examination		Maximum Marks		Minimum Marks	
Practical	UG0802/UG0803 B.Sc. Psychology	EoSE	4 Hrs	EoSE	50 Marks	EoSE	20 Marks

Non-collegiate students have to attend the contact classes for practicals at the college allocated for the purpose.

Permission for appearing in the EoSE will be given after the submission of the attendance certificate.

The Practical Examination will consist of the conduction of one practical, writing of the report, and viva voce. Students have to submit the Practical record for evaluation.

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Syllabus

UG0802/UG0803 - PSY-51T-101 Introduction to Psychology

I-Semester Psychology

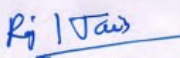
Semester	Code of the Course	Title of the Course/Paper			NHEQF Level	Credits
I	PSY-51T-101	Introduction to Psychology			5	04
Level of Course	Type of the Course	Credit Distribution			Offered to NC Student	Course Delivery Method
		Theory	Practical	Total		
100-199	Major	04	-	04	Yes	Lectures, including diagnostic and formative assessments
List of Programme Codes in which Offered as Minor Discipline						
Prerequisites		XII Pass				
Objectives of the Course:		<ol style="list-style-type: none"> 1. To understand the meaning, goals, history and different methods of psychology. 2. To get information about neurons and to explore the structure and functions of the central nervous and peripheral nervous system. 3. To learn about the meaning, nature, types, and theories of motivation and emotion. 4. To comprehend the definition, types, theories, and assessment methods of personality. 				

Detailed Syllabus

PSY-51T -101 Introduction to Psychology

Unit – I

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Introduction: Definition and Goals of Psychology; Schools of Psychology-Structuralism, Functionalism, Behaviorism, Gestalt and Psychoanalysis; Modern Perspectives-Biological, Psychodynamic, Behavioral, Cognitive, Humanistic, Evolutionary, and Socio-cultural; Methods-Observation, Case Study, Survey and Experimental Method. (15 Lectures)

Unit – II

Biological Basis of Behaviour: Structure and Functions of Neuron; Structure and Functions of Central Nervous System and Peripheral Nervous Systems. Role of Neurotransmitters and Endocrine glands in Behaviour. (15 Lectures)

Unit – III

Motivation and Emotion: Motivation: Meaning and Approaches-Instinct, Drive-Reduction, Arousal, Incentive and Humanistic. Emotion: Elements-Physiology, Expression, and Subjective Experience; Theories-Cannon Bard, James Lange, Schachter – Singer, Opponent- Process Theory. (15 Lectures)

Unit – IV

Personality: Definition; Type Theories- Sheldon, Kretchmer, and Jung; Trait Theories- Allport, Cattell, McCrae, and Costa; Personality Assessment- Self-report Inventories, Projective Tests and Behavioral Assessments. (15 Lectures)

Suggested Books and References –

1. **Psychology**, Baron, R.A. & Misra, G. (2023)., New Delhi: Pearson Education India.
2. **Psychology**, Ciccarelli, S.K., White, J.N. & Misra, G. (2022). New Delhi: Pearson Education
3. **Introduction to Psychology**, Okon, Abigail Edem (2019), University of Calabar.
4. **Introduction to Psychology**, Morgan, C.T., King, R.A., & Schopler, J. (2004) New Delhi: Tata McGraw Hill.
5. **Understanding Psychology**, Kalat, J.W. (2016). New York: Cengage Learning
6. आधुनिक सामान्य मनोविज्ञान, अरुणकुमार (2017). नईदिल्ली : मोतीलाल बनारसीदास |

Suggested E-resources:

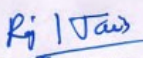
1. **Online Lecture Notes and Course Materials:**

Course Learning Outcomes:

By the end of the Course, Students will be able to:

1. Develop an understanding of the epistemology of psychology
2. Analyze and appreciate psychology as a science and its biological basis.
3. Apply the principles of major concepts of psychology, such as motivation and emotion.
4. Develop an understanding of different theories and methods to study personality.

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UG0802/UG0803 - PSY-51P-102 Psychology Lab-I

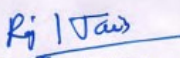
I-Semester Psychology

Semester	Code of the Course	Title of the Course/Paper			NHEQF Level	Credits
I	PSY-51P-102	Psychology Lab-I			5	02
Level of Course	Type of the Course	Credit Distribution			Offered to NC Student	Course Delivery Method
		Theory	Practical	Total		
100-199	Major	-	02	02	Yes	60 hrs. of Laboratory experiments, testing and field study- including diagnostic and formative assessments.
List of Programme Codes in which Offered as Minor Discipline						
Prerequisites		XII Pass				
Objectives of the Course:		<ol style="list-style-type: none">1. To understand the nature, significance, and different methods of studying psychology.2. To get information about various tests of Personality assessment.3. To gain an understanding of the experimenting/testing of the principles of motivation and emotion.4. To learn about the procedure and relevance of the Observation technique.				

PSY-51P-102 Psychology Lab-I

1. Steps of Report Writing (Test and Experiment)
2. Personality Assessment through HSPQ

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3. Eysenck Personality Questionnaire-Revised
4. Measurement of Emotions by Facial Expression
5. Neuropsychological Assessment
6. Sentence Completion Test
7. Level of Aspiration
8. Observation Method

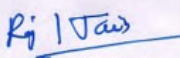
Syllabus

UG0802/UG0803 - PSY-52T-103 Basic Cognitive Processes

II-Semester Psychology

Semester	Code of the Course	Title of the Course/Paper			NHEQF Level	Credits
II	PSY-52T-103	Basic Cognitive Processes			5	04
Level of Course	Type of the Course	Credit Distribution			Offered to NC Student	Course Delivery Method
		Theory	Practical	Total		
100-199	Major	04	-	04	Yes	Lectures, including diagnostic and formative assessments
List of Programme Codes in which Offered as Minor Discipline						
Prerequisites		UG0802/UG0803 - I- Semester – Psychology				

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Objectives of the Course:	<ol style="list-style-type: none"> 1. To understand the meaning, nature, and principles of attention, sensation, and perception. 2. To understand the nature and different theories of learning and also to explore the meaning, types, and models of memory. 3. To gain information about thinking and problem-solving behavior. 4. To understand the meaning, nature, and assessment methods of intelligence.
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Detailed Syllabus

PSY-52T-103 **Basic Cognitive Processes**

Attention, Sensation, and Perception: Attention-Meaning and Nature; Sensation-Meaning, Sensory Receptors, Sensory Thresholds, Habituation and Sensory Adaption. Perception-Meaning, Constancies-Size, Shape and Brightness, Gestalt Principles, Factors Influencing Perception.
(10 Lectures)

Unit-II

Learning and Memory: Definition and Theories-Classical Conditioning, Operant Conditioning, Cognitive Learning, Observational Learning; Memory: Definition; Encoding, Storage and Retrieval Processes; Models: Level of Processing, Parallel Distributed Processing and Information Processing-Sensory, Short-Term and Long-Term Memory; Forgetting-Nature and Causes.
(20 Lectures)

Unit-III

Thinking and Problem-Solving: Mental Imagery and Concepts: Nature and Types; Problem Solving-Trial and Error, Algorithms, Heuristics, Insight; Barriers to Problem-Solving.
(15 Lectures)

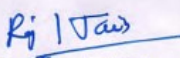
Unit-IV

Intelligence: Definition and Theories-Binet, Spearman, Thurstone, Guilford, Cattell, Sternberg, Gardner; Meaning of IQ; Intelligence Tests: Nature and Types.
(15 Lectures)

Suggested Books and References –

1. **Psychology**, Baron, R.A. & Misra, G. (2023)., New Delhi: Pearson Education India.
2. **Psychology**, Ciccarelli, S.K., White, J.N. & Misra, G. (2022). New Delhi: Pearson Education
3. **Introduction to Psychology**, Okon, Abigail Edem (2019), University of Calabar.

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4. **Introduction to Psychology**, Morgan, C.T., King, R.A., & Schopler, J. (2004) New Delhi: Tata McGraw Hill.
5. **Understanding Psychology**, Kalat, J.W. (2016). New York: Cengage Learning
6. आधुनिक सामान्य मनोविज्ञान, अरुणकुमार, (2017), नईदिल्ली : मोतीलालबनारसीदास।

Suggested E-resources:

Online Lecture Notes and Course Materials:

Course Learning Outcomes:

By the end of the course, students will be able to:

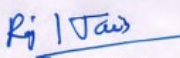
1. Analyze and understand the concepts of sensation, attention, and perception and their role in day-to-day life.
2. Critically analyze the concepts and theories related to learning and memory.
3. Develop an understanding of processes related to thinking and problem-solving.
4. Comprehend the concept and understanding of intelligence and its measurement.

UG0802/UG0803 - PSY-52P-104 Psychology Lab-II

II-Semester Psychology

Semester	Code of the Course	Title of the Course/Paper			NHEQF Level	Credits
II	PSY-52P-104	Psychology Lab-II			5	02
Level of Course	Type of the Course	Credit Distribution			Offered to NC Student	Course Delivery Method
		Theory	Practical	Total		
100-199	Major	-	02	02	Yes	60 hrs. of Laboratory experiments, testing and field study- including diagnostic and formative assessments.

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List of Programme Codes in which Offered as Minor Discipline	
Prerequisites	UG0802/UG0803 - I- Semester – Psychology
Objectives of the Course:	<ol style="list-style-type: none"> 1. To understand the nature, significance, and different methods of studying cognitive processes. 2. To get information about various tests of Intelligence assessment. 3. To gain an understanding of experimenting with the principles of attention, perception, and memory. 4. To learn about the procedure and relevance of the Interview technique.

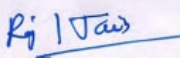
PSY-52P-104 Psychology Lab-II

1. Figure-Ground Reversal Experiment
2. Span of Attention Experiment
3. Problem Solving Experiment
4. Human Maze Learning
5. Experiment of Memory (Meaningful and Non-Sense Syllables using Memory Drum)
6. Measurement of Intelligence –SPM
7. Performance Test of Intelligence (Bhatia Battery)
8. Interview Method

UG0802/UG0803 - PSY-63T-201 Social Psychology III-Semester Psychology

Semester	Code of the Course	Title of the Course/Paper	NHEQF Level	Credits
III	PSY-63T-201	Social Psychology	6	04
		Credit Distribution		

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Level of Course	Type of the Course	Theory	Practical	Total	Offered to NC Student	Course Delivery Method
200-299	Major	04	-	04	Yes	Lectures, including diagnostic and formative assessments
List of Programme Codes in which Offered as Minor Discipline						
Prerequisites		UG0802/UG0803 - II-Semester - Psychology				
Objectives of the Course:		<ol style="list-style-type: none"> 1. To understand the nature, scope, and different methods of social psychology and also grasp the meaning and nature of person and social perception. 2. To understand the nature, functions, formation, changes and measurement of attitudes and the nature and origin of prejudice and discrimination. 3. To learn about the theories, determinants, prevention and control of aggressive behavior and also understand the meaning, nature, and types of social problems. 4. To learn the meaning, nature, types, and barriers of communication and the concept of interpersonal attraction. 				

Detailed Syllabus

PSY-63T -201 Social Psychology

Unit – I

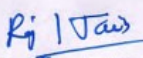
Introduction: Meaning, Nature, and Scope of Social Psychology; Methods of Social Psychology: Experimental and Non-Experimental Methods; Person Perception and Social Perception: Meaning and Nature, Role of Non-Verbal Cues; Perceivers' Characteristics and Role of Ongoing Interaction.
(15 Lectures)

Unit – II

Attitudes, Prejudice, and Discrimination: Attitudes: Nature, Functions, Formation, Change, and Measurement; Prejudice and Discrimination: Nature and Origin; Reduction of Prejudice and Discrimination.
(15 Lectures)

Unit – III

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Aggression and Social Problems: Aggression-Theories, Determinants, Prevention and Control; Social Problems-Meaning and Nature; Types of Social Problems-Poverty, Deprivation, Population Explosion, Economic Development; Solutions to Social Problems. (15 Lectures)

Unit – IV

Communication and Interpersonal Attraction: Meaning, Nature, and Types: Verbal and Non-Verbal; Barriers of Communication; Interpersonal Attraction: Proximity and Affective basis, Acquaintance and Need to Affiliate; Effects of Observable Characteristics, Similarity and Mutual liking. (15 Lectures)

Suggested Books and References –

1. **Exploring Social Psychology**, Myers, D.G. (2022). New York: McGraw Hill.
2. **Social Psychology**, Branscombe, N.R. & Baron, R.A. (2022). Noida: Pearson India Education
3. **Exploring Social Psychology**, Myers, D.G. (2021). New York: McGraw Hill
4. **समाज मनोविज्ञान की रूपरेखा**, Singh, A.K. (2017)., New Delhi, Motilal Banarsidas.

Suggested E-resources:

Online Lecture Notes and Course Materials:

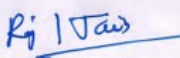
Course Learning Outcomes:

By the end of the course, students will be able to:

1. Understand the development of Social Psychology and apply the principles of Social Psychology
2. Critically appraise the concept of Attitude, its' formation, and methods to reduce Prejudice and Discrimination
3. Develop an understanding of social problems and the necessity of a peaceful society
4. Learn about the importance of verbal and non-verbal Communication and an insight of factors related to interpersonal attraction.

UG0802/UG0803 - PSY-63P-202 Psychology Lab-III III-Semester Psychology

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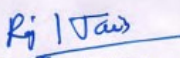

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Semester	Code of the Course	Title of the Course/Paper			NHEQF Level	Credits
III	PSY-63P-202	Psychology Lab-III			6	02
Level of Course	Type of the Course	Credit Distribution			Offered to NC Student	Course Delivery Method
		Theory	Practical	Total		
200-299	Major	-	02	02	Yes	60 hrs. of Laboratory experiments, testing, and field study- including diagnostic and formative assessments.
List of Programme Codes in which Offered as Minor Discipline						
Prerequisites		UG0802/UG0803 - II- Semester – Psychology				
Objectives of the Course:		<ol style="list-style-type: none"> 1. To understand the nature, significance, and different methods of studying social processes. 2. To get information about various tests of Attitude, Aggression, Social Support, etc. 3. To gain an understanding of exploring the concepts of social distancing and interpersonal attraction. 4. To learn about the procedure and relevance of Survey techniques. 				

PSY-63P-202 Psychology Lab-III

1. Measurement of Attitude
2. Measurement of Aggression
3. Measurement of Attribution Style
4. Measurement of Social Support
5. Measurement of Altruism
6. Social Distance Scale
7. Sociometric Method
8. Survey Method

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Syllabus

UG0802/UG0803 - PSY-64T-203 Abnormal Psychology

IV-Semester Psychology

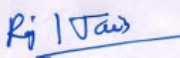
Semester	Code of the Course	Title of the Course/Paper			NHEQF Level	Credits
IV	PSY-64T-203	Abnormal Psychology			6	04
Level of Course	Type of the Course	Credit Distribution			Offered to NC Student	Course Delivery Method
		Theory	Practical	Total		
200-299	Major	04	-	04	Yes	Lectures, including diagnostic and formative assessments
List of Programme Codes in which Offered as Minor Discipline						
Prerequisites		UG0802/UG0803 - III-Semester – Psychology				
1. Objectives of the Course:		<ol style="list-style-type: none"> 1. To understand the meaning and indicators of abnormality. 2. To attain the concept of classification systems of mental disorders and to provide information about Mental Health Professionals. 3. To learn about the risk factors and causes of abnormal behavior. 4. To gain an understanding of the Diathesis-stress models and different perspectives of abnormality. 5. To understand the nature, types, clinical picture, and causal factors related to various mental disorders. 				

Detailed Syllabus

PSY-64T-203 Abnormal Psychology

Unit-I

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Introduction: Concept of Abnormality and Normalacy; Mental Disorder: Definition and Meaning; Indicators of Abnormality; Latest DSM and ICD Classification Systems; Mental Health Professionals. (15 Lectures)

Unit-II

Causal Factors and Perspectives: Risk Factors and Causes; Diathesis-Stress Models; Biological, Psychological and Social Perspectives. (15 Lectures)

Unit-III

Anxiety, Obsessive Compulsive, and Mood Disorders: Types, Clinical Picture and Causal Factors; Suicide: Clinical Picture and Causal Pattern; Prevention and Intervention. (15 Lectures)

Unit-IV

Dissociative and Somatic Symptoms Disorders: Types, Clinical Picture, and Causal Factors. Schizophrenia and other Psychotic Disorders: Types, Clinical Picture, and Causal Factors. (15 Lectures)

Suggested Books and References –

1. **Abnormal Psychology**, Hooley, J.M., Butcher, J.N., Nock, M. K. & Mineka, S. (2019) Noida: Pearson India Education.
2. **Abnormal Psychology**, Oltmanns, T.F. & R.E. (2021). Noida: Pearson India Education.
3. **Abnormal Psychology**, Ray, W.J. (2020). New Delhi: Sage Publications.
4. **Abnormal Psychology**, Singh, A.K. (2017). New Delhi Motilal Banarsidass.

Suggested E-resources:

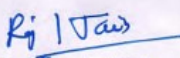
Online Lecture Notes and Course Materials:

Course Learning Outcomes:

By the end of the course, students should be able to:

1. Develop an understanding of the meaning and nature of Psychological Disorders
2. Understand the classification systems of Mental Disorders
3. Analyze and understand the clinical picture, causal factors, and treatment of various Psychological Disorders.

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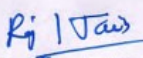
UG0802/UG0803 - PSY-64P-204 Psychology Lab-IV
IV-Semester Psychology

Semester	Code of the Course	Title of the Course/Paper			NHEQF Level	Credits
IV	PSY-64P-204	Psychology Lab-IV			6	02
Level of Course	Type of the Course	Credit Distribution			Offered to NC Student	Course Delivery Method
		Theory	Practical	Total		
200-299	Major	-	02	02	Yes	60 hrs. of Laboratory experiments, testing and field study- including diagnostic and formative assessments.
List of Programme Codes in which Offered as Minor Discipline						
Prerequisites		UG0802/UG0803 - III- Semester – Psychology				
Objectives of the Course:		<ol style="list-style-type: none"> 1. To understand the nature, significance and different methods of studying abnormal psychology. 2. To gain information about various measurement tools for stress, anxiety, depression, mood states and coping styles. 3. To gain an understanding of risk factors related to suicide ideation. 4. To learn about the procedure and relevance of the Mental Status Examination. 				

PSY-64P-204 Psychology Lab-IV

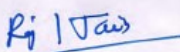
1. Assessment of Mental Health

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2. Assessment of State and Trait Anxiety
3. Measurement of Academic Stress
4. Measurement of Coping-Styles
5. Eight-State Questionnaire
6. Measurement of Depression
7. Suicide Ideation Scale
8. Mental Status Examination

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